



**City of Cedar Falls, Iowa**  
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For Immediate Release:  
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### **Recreation and Fitness Center to Reopen May 18**

**Cedar Falls** - The Cedar Falls Recreation and Fitness Center will be reopening to the public, under COVID-19 safety restrictions, on May 18, 2020 at noon. Following their opening day, the Rec will be open Monday – Thursday, 5:00 AM to 9:30 PM; Friday, 5:30 AM to 8:00 PM; Saturday, 7:00 AM to 2:00 PM; and Sunday, 1:00 PM to 4:00 PM.

As Iowa Governor Kim Reynolds lifts certain state restrictions regarding the virus per her public health proclamation issued May 13, 2020, the Rec staff is excited to welcome back the community to the center. In order to continue to provide this service safely, however, all Rec patrons will need to abide by the following rules:

- At this time, only those with membership are allowed to use the facility. There will be no daily admission.
- All patrons must wear masks in order to use the facility. Staff will also be wearing masks when interacting with the public.
- Due to state orders, the Rec may function at a maximum of 50 percent occupancy. The Rec will be allowing 40 patrons inside the building to work out at any one time. Staff asks that patrons be considerate to this rule by concluding their work out in an efficient and timely manner so that others may use the facility.
- Patrons must bring their own lock for lockers.
- There will be no fitness classes offered.
- There will be no towel service provided.
- Activity Room will be closed.
- Only ceiling fans will be allowed – no additional floor fans will be allowed in any other areas.
- Those wanting to shoot baskets must bring in their own ball and no more than two shooters will be allowed per basket.
- Child care will not be offered for the summer.
- Racquetball courts can only be used by a maximum of two patrons at a time.
- The track area can have no one walking side by side. Users need to be separated by seven feet (or three steps) from the person in front or behind you unless passing other members.

**Any patron exhibiting signs of illness including cough, fever, or shortness of breath or were recently exposed to a person diagnosed with COVID-19 should not enter the facility.**

Signage and social distancing markers will be in place, including at the front desk, to help space staff and patrons safely. Additionally, some equipment including cardio and exercise machines will not be in use to help provide physical distance between users. These machines will be marked appropriately. Staff will also be increasing the scope and frequency of cleaning in the building. Hand sanitizer and disinfectant wipes will be available for use on the equipment.

### **Locker Room Construction**

The Rec is looking forward to the locker room updates scheduled to start May 18 through August 14. Due to these improvements and the corresponding construction, the locker rooms, steam rooms, and sauna will not be available at this time. The unisex restrooms will be available for member use.

The Rec thanks the community for their help and cooperation in providing a safe facility for both members and staff. For questions regarding the Rec services or COVID-19 precautions, please call (319) 273-8636.