

Cedar Falls Senior Center –528 Main Street
 NEI3A program questions or comments call 319-277-1900
Please call 319-277-1900 by 9:30 if you would like to join us for lunch the next day or sign up at the senior center.

June 2019

Mon	Tue	Wed	Thu	Fri
Join us for COFFEE & POPCORN made fresh daily!!! Blood Pressure checks Tuesday and Thursday at 9:30 Farmers Market Coupons available at Community Center after June 4th 9:00-12:30 M-F Free Senior Bus Trip to Amana Colonies Tuesday 25th sign up in office * fee for participation				
3 8:00 Billiards 9:00 FUNctional FITness * 11:45 Lunch 1:00 Center closes	4 8:00 Billiards/ 10:00 Bingo 11:00 Seniors in Motion 11:45 Lunch 12:00 Fresh Conversations 12:30 Health Fair 12:45 Pepper, Hand and Foot	5 8:00 8 Ball Tournament 9:00 FUNctional FITness* 11:45 Lunch 11:30 Bridge 1:00 Ceramics*	6 8:00 9 Ball Tournament 9:00 The Country Good Timers 11:00 Seniors in Motion 11:45 Lunch	7 8:00 Billiards 9:00 FUNctional FITness* 10:00 Bingo 11:45 Lunch 1:00 Ceramics* 12:45 Euchre, Hand and Foot
10 8:00 Billiards 9:00 FUNctional FITness * 11:45 Lunch 1:00 Center closes	11 8:00 Billiards 10:00 Bingo 11:00 Seniors in Motion 11:45 Lunch 12:45 Pepper, Hand and Foot	12 8:00 8 Ball Tournament 9:00 FUNctional FITness* 11:45 Lunch 11:30 Bridge 1:00 Ceramics* 1:00 Button Club	13 8:00 9 Ball Tournament 9:00 The Country Good Timers 11:00 Seniors in Motion 11:45 Lunch 3:00 Senior Device Advice	14 8:00 Billiards 9:00 FUNctional FITness* 10:00 Bingo 11:45 Lunch 1:00 Ceramics* 12:45 Euchre, Hand and Foot
17 8:00 Billiards 9:00 FUNctional FITness* 11:45 Lunch 1:00 Center closes	18 8:00 Billiards 10:00 Bingo 11:00 Seniors in Motion 11:45 Lunch 12:45 Pepper, Hand and Foot	19 8:00 8 Ball Tournament 9:00 FUNctional FITness* 11:45 Lunch 11:30 Bridge 1:00 Ceramics*	20 8:00 9 Ball Tournament 9:00 The Country Good Timers 11:00 Seniors in Motion 11:45 Lunch	21 8:00 Billiards/ 9:00 FUNctional FITness* 10:00 Bingo/ 11:45 Lunch 10:30 One Man Band 12:30 Senior Fraud Presentation 1:00 Ceramics* 12:45 Euchre, Hand and Foot
24 8:00 Billiards 9:00 FUNctional FITness* 11:45 Lunch 1:00 Center closes	25 7:30 Bus Trip To Amana 8:00 Billiards 10:00 Bingo 11:00 Seniors in Motion 11:45 Lunch 12:45 Pepper, Hand and Foot	26 8:00 8 Ball Tournament 9:00 FUNctional FITness* 11:45 Lunch 11:30 Bridge 1:00 Ceramics*	27 8:00 9 Ball Tournament 9:00 The Country Good Timers 11:00 Seniors in Motion 11:45 Lunch	28 8:00 Billiards 9:00 FUNctional FITness* 10:00 Bingo / 11:45 Lunch 1:00 Ceramics* 12:45 Euchre, Hand and Foot