



Quality of Life/Culture

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You'll Fall for Our Community

Cedar Falls is part of the Cedar Falls/Waterloo metropolitan area, the fourth largest urban area in the state of Iowa. Commonly referred to as the Cedar Valley Communities, 165,000 residents with a strong Midwestern work ethic call this area home. We know you'll find our multicultural, educated community an exceptional place to work, live, and raise a family.

The charming Main Street District in downtown Cedar Falls offers an impressive mix of residential, shopping, dining, entertainment, and cultural experiences. With its stunning architecture, eclectic public art, and commitment to historic preservation, it's no surprise that downtown Cedar Falls is certified as one of Iowa's cultural districts.

Within a 10-minute drive from downtown Cedar Falls is the state-of-the-art Gallagher-Bluedorn Performing Arts Center on the University of Northern Iowa campus. Gallagher-Bluedorn is one of Iowa's newest centers for the arts and hosts more than 300 performances each year. In recent years, the UNI and Cedar Valley communities were treated to Tony Award-nominated plays *Sister Act* and *Camelot*, concerts by world-renowned recording artists Bruce Hornsby and The Beach Boys, and lectures by such notables as Pulitzer Prize-winning biographer, historian, and political commentator Doris Kearns Goodwin. Add to these offerings ballets, operas, comedians, and jazz and symphony performances — among many others — and you have an enviable lineup.



Oster Regent Theatre

Cedar Falls is a designated Blue Zones demonstration site, which means we're creating a community where residents can live healthier, happier, longer lives. (Blue Zone is a concept used to identify demographic and/or geographic areas where people live measurably longer lives.) To that end, the Cedar Valley Trails system has more than 110 miles of multi-use, paved trails for year-round fun: biking, hiking,

walking, cross-country skiing, skating. The list is endless! The Cedar Falls-Waterloo metro area also has more than 5,000 acres of lakes, making the Cedar Valley a Midwestern hub for outdoor recreational activities that appeal to people of all ages.

If golf is your game, you'll find two municipal and one private golf course in Cedar Falls. When you're ready for a new challenge, there are 11 municipal, public, and private courses within 15 miles of Cedar Falls, all offering manicured fairways, well-kept greens, quick tee offs, and reasonable rates.

[There's no better place to cool off than at The Falls Aquatic Center.](#) You can shoot down the tube slide or raft slide, float down the lazy river, or swim some laps in the 25-meter lap pool. The Falls offers fun for people of all ages!

Disc golf. Baseball. Hockey. Soccer. NCAA Division I athletics. No matter what your sport, there are plenty to participate in, watch, and enjoy in Cedar Falls.

Cedar Falls is conveniently and centrally located. Chicago, Minneapolis-St. Paul, St. Louis, Kansas City, and Omaha are all within a few hours' drive. American Airlines provides two daily commercial flights from the Waterloo Regional Airport to Chicago O'Hare, connecting you to anywhere in the world.